

Social Media Policy

This document outlines our policies related to the use of social media. As new technology develops and the internet changes, we will update this policy accordingly.

Friending:

I do not accept friend requests from current or recent former clients on any social networking site. I believe that adding clients as friends on these sites may compromise client confidentiality and client's respective privacy. It may also blur the boundaries of the therapeutic relationship.

Interacting:

Clients are not to use messaging on social media sites such as Facebook, Twitter, Instagram, or LinkedIn to contact me. These sites are not secure and I may not read these messages in a timely fashion. Do not use wall posts, @ replies, or other means of engaging with me in public online if we have an already established client/ therapist relationship. Engaging with me this way could compromise confidentiality. It may also create the possibility that these exchanges become a part of the client's legal medical record and will need to be documented and archived in their chart. If clients need to contact me between sessions, the best way to do so is by phone or direct email. See the email section below for more information regarding email interactions.

Use of Search Engines:

It is NOT a regular part of my practice to search for clients on Google, Facebook, or other search engines. Extremely rare exceptions may be made during times of crisis. If I have reason to suspect that a client is in danger and I have not been able to connect with a client via our usual means (coming to appointments, phone, or email) there might be an instance in which using a search engine becomes necessary as part of ensuring client safety. These are unusual situations and if I ever resort to such means, I will fully document it and discuss it with my client when we next meet.

Email:

Email is not completely secure or confidential. For those who choose to communicate with me by email. Be aware that all emails are retained in the logs of your and my Internet service providers. While it is unlikely that someone will be looking at these logs, they are, in theory, available to be read by the system administrator(s) of the Internet service provider. Any emails received from clients and former clients along with any responses that are related to treatment and diagnosis will be printed and kept in respective treatment records.

Conclusion:

Thank you for taking the time to review my Social Media Policy. If you have questions or concerns about any of these policies or regarding our potential interaction, please bring them to my attention so that we can discuss them.

Client(s) Signature(s): _____ Date: _____